

SELPH CONSULTANCY

Strategy • Community • Behaviour Change • Training

Public Health is Everyone's Job

We partner with organisations across all sectors who work with the public - including local authorities, NHS bodies, charities, education providers, housing associations and community groups - to embed prevention, wellbeing and behaviour change into everyday practice.

CONTACT US

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OUR SERVICES

- Strategy & Programme Development
- Community & Stakeholder Engagement
- Behaviour Change & Health Promotion
- Service Evaluation & Insight
- User Research & Co-Design
- Governance & Organisational Development
- Grant Writing & Funding Strategy

COMMUNITY DEMENTIA & INTEGRATED CARE SUPPORT

- We support systems to design and deliver community dementia services through:
- Integrated NHS, local authority and voluntary sector models
- Culturally sensitive diagnosis and engagement approaches
- Community navigation and support pathways
- Partnership development across ICSs, PCNs and VCS organisations

www.selphconsultancy.co.uk

SOCIAL PRESCRIBING - TRAINING & SUPPORT

WORKFORCE DEVELOPMENT

- Training for Link Workers, PCNs and frontline teams
- Behaviour change, MECC and person centred conversation skills
- Confidence in supporting complex needs and long-term conditions

PATHWAY INTEGRATION

- Embedding social prescribing within long-term condition pathways
- Clear referral routes, triage models and MDT integration
- Alignment with PCN, neighbourhood and ICS priorities

COMMUNITY SIGNPOSTING & ASSET MAPPING

- Creation of a local signposting pack / service directory
- Mapping of VCSE, community and statutory services
- Practical referral guides for staff and partners
- Identification of gaps and opportunities across the system

SERVICE DESIGN & SUPPORT

- Co-designed models with stakeholders and lived experience
- Integration with community, prevention and wellbeing services
- Ongoing mentorship, supervision and service optimisation

IMPACT & OUTCOMES

- Development of outcome frameworks and reporting tools
- Support to demonstrate impact and system value

SELPH TRAINING ACADEMY

Building a Confident, Skilled and Future Ready Workforce

ACCREDITED QUALIFICATIONS (RSPH LEVEL 2)

- Understanding Health Improvement
- Supporting Behaviour Change
- Mental Wellbeing
- Healthy Weight & Nutrition
- Vaccination Uptake

ACCREDITED QUALIFICATIONS (RSPH LEVEL 3)

- Social Prescribing

CORE TRAINING OFFER

- Making Every Contact Count (MECC & MECC PLUS)
- Very Brief Advice (VBA) – Smoking & Behaviour Change
- Alcohol Awareness (IBA)
- Weight Management Conversations
- Sexual Health Conversations
- Vape Myth Busting & Tobacco Cessation

SPECIALIST SOCIAL PRESCRIBING TRAINING

- Role-specific training for Social Prescribing Link Workers
- Behaviour change and motivational interviewing skills
- Community asset mapping and navigation
- Measuring impact and outcomes
- Integration with NHS and community dementia services

FLEXIBLE DELIVERY

- Face-to-face, online and blended learning
- Bespoke workshops for ICSs, PCNs and local authorities
- Service launch and workforce confidence sessions

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